



The Cyber Safety Lady
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Cyber Safety This Years Trends - Increasing Cyber Safety Awareness In Schools 2018

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1. It Takes A Village. Why the village is not talking about online harm?

2. Cyber Safety Success, Parents/Teachers/Students communication and education

3. Parents want cyber safety education... but don't turn up.

a. Only 27% of parents sought or received information about children's online safety in the 12 months to June 2016. www.esafety.gov.au

Survey commissioned by the Office of the Children's eSafety Commissioner June 2016 parents in Australia with children aged 7-17 years old who access the internet.

4. Popular Apps - How are they being used, and what issues are occurring on these apps?

a. [musical.ly](https://www.musical.ly) Tik Tok 13+

b. Live Streaming Snapchat, LiveMe, Tik Tok, Instagram, Facebook, YouTube, Periscope, FaceTime.

c. Instagram 13+ - adult content, bullying, image issues, early use in primary school

d. Roblox No set age limit - Online game with serious problems with strangers and adult content

e. Snapchat 13+ - Early use in primary school. Bullying, adult content, privacy issues, strangers

f. Fortnite 12+ Mature - Online game, highly addictive, gun/weapons, online strangers, bullying

5. Adult Content Dangers and Filtering Options.

Safe Search for search engines like Bing and Google. Parental Control Software on devices or on platforms and apps www.familyzone.com Googles Family Link, Microsoft Windows Family Safety Settings and accounts. Apple Family Sharing - Parental control Restrictions. (see "Keeping Kids Safe Online" Cyber Safety Manual Author Leonie Smith).

6. New monitoring software for apps and devices to monitor and limit use.

a. Facebook "Your Time On Facebook" & Instagram "Your Activity" an activity dashboard, a daily reminder and a new way to limit notifications. Coming soon.

b. Screen Time from Apple will be released in Nov 2018 with new iOS12 software update. Increased parental controls and monitoring on mobile devices.

7. Sexting (sending nudes)

a. Only 5% of teens have sent a nude or nearly nude image.

b. Nearly 1 in 3 aged 14-17 had some experience with sexting

c. 52% sent by strangers

The Law

Sexting can be a crime, depending on the circumstances. If you're under 18 and you've sent a nude picture of yourself, you will NOT get in trouble with the police

Illegal if they are:

- asked for;

- taken;
- received and kept; or
- sent, posted or passed around using the internet or a mobile.

Sexting or Sharing Nude images/video under 18 is known as Child Abuse Material or Image Based Abuse.

Can consist of -

- showing their private parts (including their genitals, anus, or breasts);
- posing in a sexual way;
- doing a sexual act; or in the presence of someone who is doing a sexual act or pose.

However, if you are under 18, you will NOT get in trouble for a picture:

- that shows you by yourself or with an adult;
- that shows you with another young person who is not more than 2 years younger than you (unless the picture shows a crime, like underage sex);
- that shows a crime being committed against you (like sexual assault);
- that shows someone else who is not more than two years younger than you (unless the picture shows a crime, like underage sex or sexual assault).

What should you do?

If you receive nude/sexy pictures or videos on the internet or on your mobile, you may not get into trouble if:

- you delete the pictures immediately and you let the sender know that you don't want to receive any more of these pictures;
- you took the picture or got it from the person in the picture, and at the time the picture was received, you were no more than 2 years older than the underage person in the picture; or
- the pictures are of you.

What should I do if I have a picture or text I am unsure about?

It's important to protect yourself by deleting any pictures you are uncomfortable with straight away. NEVER forward these images on to anyone else. If you're worried you may have committed a crime, call Youthlaw on (03) 9611 2412.

Check the law at www.lawstuff.org.au

Get help to remove images at eSafety.gov.au

Report to local police as soon as possible.

Don't copy or screenshot or save a copy of evidence

Show phone to police or delete image if there is a delay in reporting.

8. Cyber Bullying 1in4 Australian Children are victims of Cyber bullying

- Develop a clear school anti bullying policy
- Design Discreet and safe reporting
- Encourage positive uses of technology
- Develop empathy and support programs
- Educate students on being a good up-stander - role play
- Educate parents on cyber bullying responsibility & reporting

Cyberbullying is bullying using digital technologies including mobile phones, email and social media tools. Cyberbullying includes:

- Pranking
- Repeated hang ups, anonymous, mocking or threatening phone calls.
- Image sharing
- Forwarding or sharing unflattering or private images without permission.
- Sexually explicit images
- People of any age, who forward or share images of a sexual nature of a person under 18 need to be aware that this is a criminal offence that may result in prosecution.
- Text and email
- Sending insulting or threatening text messages or emails.
- Personal online information

- Publishing online someone's private, personal or embarrassing information without permission, or spreading rumours online.
- Identity theft (Fake Accounts)
- Assuming someone's identity online and negatively representing them in a way that damages their reputation or relationships.
- Hate sites
- Creating hate sites or implementing social exclusion campaigns on social networking sites.

Other types of cyberbullying

It is also cyberbullying when a student, or students, uses technology to run a multi-step campaign to bully another student. For example, setting another student up to be assaulted, video-recording their humiliation, posting the video-recording online and then sending the website address to others.

What To Do?

- Anonymous Bullying can be hard to prove. Whole year group approach
- Keep evidence
- Block the abuse, Report to platform - eSafety Commissioner
- Report to police youth liaison officer if you believe a crime has been committed
- a. Scams, Strangers Online, Sexting, Teen/Child Impersonation by an Adult Online, Blackmail, Stalking
- Refer victim to counselling

Facebook Privacy Tip

Check "View As" to see what you are sharing and hide as much as you can from your "Info" Hide your Friends List from public view to protect against blackmail and scams.

Reporting

Report Cyber bullying and image based abuse and online harm to www.eSafety.gov.au

Cyber Crime Reporting ACORN <https://report.acorn.gov.au>

Identity Theft Reporting Local Police and idCare.org

Stay up to Date;

www.thecybersafetylady.com.au

www.facebook.com/thecybersafetylady

www.twitter.com/leoniegsmith

www.eSafety.gov.au

www.common sense media.org

Cyber Safety Step By Step Manuals - Author Leonie Smith "The Cyber Safety Lady" \$30.00

Keeping Kids Safe Online - Parent Manual step by step safety privacy settings and advice on apps/gaming/screentime/cyberbullying/sexting help. Also available as an eBook for \$15.00

Keeping YOU Safe Online - Student Manual. \$20.00 step by step cyber safety advice and settings for students over 13years. Advice on Cyber Security/Safety Mobile Phone safety, Social Media platforms, Sexting, Cyber Bullying and more. Also available as an eBook for \$10.00

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One of Australia's leading Cyber Safety Educators, Leonie presents on Cyber Safety from yr 3 up to year 12. She presents to parents and teaching staff, childcare workers and youth workers. Seniors and community groups. Anyone using the internet for every day use that wants to stay safer online, avoid scams, use good security practices and protect their family from online harm. Leonie also encourages safe internet and technological use, and helps families get on board with their children's online digital world. Contact her booking agent www.bookedout.com.au at bookings@bookedout.com.au