

# 20 Essential Tip's To Protect Your Child From Adult Online Content

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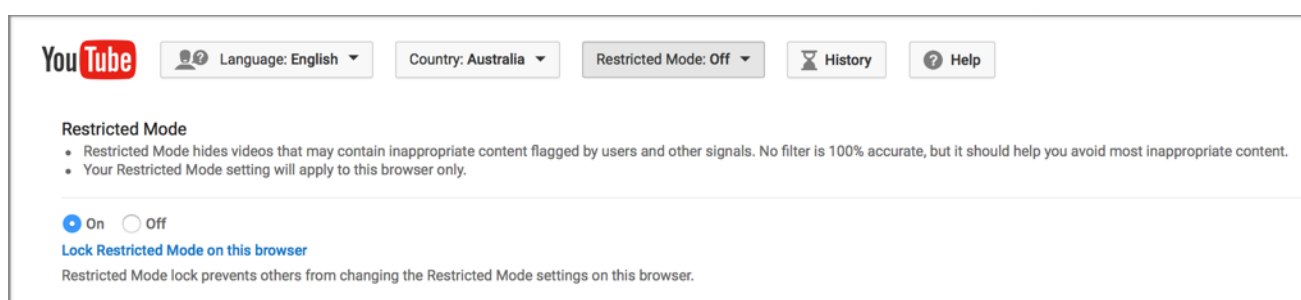
1. Set up internet filtering on your household Modem/Router. Look at the free service at [www.opendns.com](http://www.opendns.com) . Ask your Internet Service Provider about internet filtering and if there are parental controls on your router. Some new routers have parental controls.

OpenDNS

2. Enable Parental Controls on all P.C's and Devices. Set them so that your child must ask for permission before downloading any new software or app. Then you can check to make sure that those apps don't contain unsuitable adult content. (See my [manual](#) for instructions)

3. Note: The most popular apps that do contain adult content are: YouTube, Facebook, Instagram, Tumblr, Twitter, Vine, Omegle, and Kik Messenger. Some games also contain adult content and online versions will have adults playing them.

4. Set up safe search filters on YouTube, (they are at the bottom of YouTube pages), and on Google, Yahoo, Bing. To set up look in preferences. For more detail see my "Keeping Kids Safe Online Manual" [www.thecybersafetylady.com.au/keepingkidssafeonline](http://www.thecybersafetylady.com.au/keepingkidssafeonline)



5. Set up Safari on iOS devices to screen out adult content. Guide [Here](#):



6. Keep all internet connected devices in main living areas. Supervise your child's use of these devices.

7. Check browser history on your child's devices to make sure they haven't gone down any "dark alley's" online. If the browser history isn't saved, check the browsers settings to make sure "save browser history" is turned on. Check that your child isn't deleting their history.

8. Buy “Dumb Phones” when child is under 13yrs, to prevent the “always on” 3G/4G issues.



9. Only allow safer messaging services like SMS, iMessage and Skype rather than any other messaging app which encourages sharing profiles with other less safe social media like Facebook and Instagram. Be sure to set up the privacy settings. (Skype asks to share on Facebook, don't allow)

10. Stick with the age limit suggestions on apps. Beware of some apps that are rated 4+ and 12+ but are clearly aimed at adults like apps Facebook, Twitter Instagram and other social media apps.

11. Check age ratings on video games, M rated games will have some adult content. MA15+ R18+ will have adult themes and swearing and in some cases sexual themes.

12. Talk to your child about appropriate use of online apps and games. Let them know what your concerns are, and that you expect them to respect your boundaries outside the house also.

13. Set up pin code or thumbprint screen passwords on your devices & PC's

14. Allow your child to make mistakes and to be able to tell you if they did in fact get curious about adult content.

15. Talk openly about what strangers online are, how they might appear.

16. Educate your child on the use of photography and video. The dangers of uploading and sharing photo and video of themselves or friends.

17. Educate your children about privacy online, show them where the privacy settings are, teach them about why privacy is important.

18. Check to see if apps have privacy settings, all safe social media and messaging apps should have them.

19. Search online for reviews about apps, software and games before approving, to make sure they are safe for your child.

20. Search for reviews of games and apps on [www.commonsensemedia.org](http://www.commonsensemedia.org)  
[www.thecybersafetylady.com.au](http://www.thecybersafetylady.com.au)

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